



# Aboriginal Counselling Services

ABN: 85782475121

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**All services offered are available outside business hours and can be tailored to meet your needs**

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Aboriginal Counselling Services (ACS) offers culturally sensitive support to strengthen Aboriginal workers and community through personal and professional development. ACS is a professional counselling service that is accredited by the Australian Counselling Association. ACS counsellors are Aboriginal and qualified with more than 20 years experience in health, drug and alcohol, mental health, family/domestic violence, loss and grief, education, employment and community development. ACS operates adhering to the confidentiality and privacy of clients.

Our staff are efficient, honest, ethical and guarantee commitment. With our experiences in community work, we are resourceful and if necessary and whenever possible we refer to other Aboriginal agencies. We like to work in partnership with relevant services to ensure positive outcomes. ACS likes to consult with employers and employees to strengthen the workplace and reach harmonious outcomes. ACS works with clients to set and meet their goals by using strength-based and solution focused approaches.

## Aboriginal Counselling Service offers the following services;

- Professional coaching
- Telephone counselling
- Grief and loss counselling
- Drug and alcohol counselling
- Mental Health First Aid
- Mentoring
- Depression
- Anxiety
- Clinical debriefing and workplace support
- Cultural awareness education
- Anger management
- Family/Domestic violence
- Gambling counselling
- Financial counselling
- Vocational guidance
- Relationship counselling
- Identity (Cultural, Sexual etc...)
- Youth counselling
- Parenting counselling

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